

Dear Foster Parents,

I can't believe it is already March. According to the ground-hog, we are getting warmer and an early spring is right around the corner, haha. Much as the cold weather has become challenging, so is the depressing news about the state budget. It is easy to become down and feel hopeless when bad news gets piled on bad news. At some point we must look to the skies and remember that "God is in control". I am not old enough to know what the depression was like, but my grandparents were. What I know is that difficult times and a *can do* spirit build character and strengthen one's resolve. With so much focus on the almighty dollar and what we are owed, it has a tendency to blind us to what we have. God has promised that He will not push us beyond what we can handle and will not abandon us as His children. Take heart, we have a Great and Awesome God.

As I mentioned earlier, our grandparents and great grandparents experienced far worse than what we see now. It is my prayer that God can use this time in our country to focus not on what we want and think we need, but rather be grateful for what we have and how truly blessed we are.

Challenges do exist and I never want to shy away from them. We must, however, keep in perspective that God is ultimately in control and will use "all things work together for the good of those who love the Lord". We are pressing on and looking forward to what God has for us. I pray you too will be encouraged and know that the work you do with God's children is highly valued in His eyes.

In Christ,

Mark Fullington



Daylight Saving Time—3/13/11

It's almost time to "spring ahead". Did you know that the first time daylight saving time was observed in the United States was in 1918? It was on March 19, 1918.

Why do clocks change at 2:00 a.m.?

The time was originally chosen because it minimized disruption. Most people were home and the fewest trains were running at 2:00 a.m. It is early enough that the entire continental U.S. switches by daybreak and the changeover occurs before most early shift workers and early churchgoers are affected.

March 10, 2010

Washington State Patrol
Clearinghouse for Missing Children
1-800-543-5678

Training Website
<http://www1.dshs.wa.gov/ca/fosterparents/ongoingvid.asp>

www.independence.wa.gov
Info and programs available for youth (13-21) in out-of-home care.

CPR/1st Aid/BBP
www.keepthebeatcpr.org
or call
1-888-704-6074

Adoption Referral &
Information Service
www.adoptionreferralservice.com

May is National Foster Care Month

National Foster Care Month originated in 1988 when the National Foster Parent Association persuaded then Senator Strom Thurmond to introduce a resolution to proclaim May as National Foster Care Month. President George H. W. Bush issued an annual proclamation during each year of his presidency, providing an impetus for state, county & city proclamations. The main focus of these early efforts was appreciation and recognition of the tremendous contributions of foster parents across the nation.

In the 1990's, National Foster Care Month focused more on the needs of older youth, particularly those about to age out of the system. Under the leadership of the National Foster Care Coalition and Casey Family Programs, the campaign became a significant part of the drumbeat that ultimately resulted in the passage of the Chafee Foster Care Independence Act.

National Foster Care Month heightens visibility for the issue and provides a strong outreach and recruitment platform for individuals and organizations working to support children and families throughout the year.

Casey Family Programs continues to lead the effort in partnership with other national organizations that represent well over 250,000 individuals and providers. Today, the campaign spotlights the importance of permanency for the 463,000 children in out-of-home care.



Burien CFSF Office Training Schedule

3/17/11—6PM—8PM At Burien Office **"Emergency Preparation for your Foster Home"**

5/19/11—6PM—8PM At Burien Office **"Teens and Drug Abuse"**

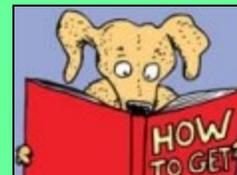
July—Lake Days (more info to come)

9/17/11—10AM—12PM At South Hill Library, 15420 Meridian East **"Working with Physically Aggressive Children"**

11/17/11—6PM—8PM At Burien CFSF office **"Working with Children who have Sexualized Behaviors"**

December—Christmas Party (more info to come)

Please RSVP with Karen Lewand at 206-246-5262 or by email bock@cfsf.net.



Word Search: Find the names associated with CFSF: Angela, Andrea Celeste, Christina, Cory, David, Elizabeth, Jackie, Jennie, John, Joshua, Jason and Joanne. (13 more names next issue)

J	A	C	K	I	E	I	N	N	E	J
O	O	H	O	A	E	R	D	N	A	O
A	H	H	R	R	J	S	I	S	N	S
N	E	W	N	P	Y	U	O	Y	G	H
N	D	A	V	I	D	N	M	K	E	U
E	L	I	Z	A	B	E	T	H	L	A
Z	C	H	R	I	S	T	I	N	A	A
J	O	A	N	E	T	S	E	L	E	C
J	Z	R	A	S	T	S	X	L	K	A

Brain Bender:

Q. A man takes a barrel that weighs 20 pounds and then puts something in it. It now weighs less than 20 pounds. What did he put in the barrel?

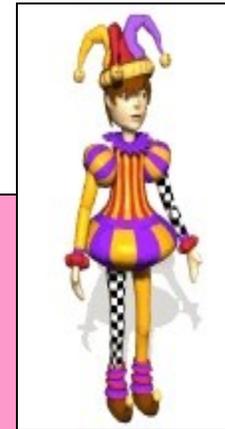
Q. What seven letter word becomes longer when the third letter is removed?

Q. What animal keeps the best time?

Answers on Page 4.

4/1/11 -

April
Fools Day!

**Trivia Questions (Answers on back page)**

1. Which state is called the Treasure State?
2. Which Joe was nicknamed the Yankee Clipper?
3. William Henry Gates III amassed his fortune from which source?
4. What TV show lost Jim Carrey when he stepped into the movies?
5. What sitcom character moved from a Boston barstool to a Seattle radio station?
6. What was the first sitcom to be broadcast from videotape, in 1971?
7. Which state is called the Bear state?
8. What was Michael Jackson's album follow-up to Thriller?
9. Who lost part of his ear to the teeth of Mike Tyson in 1997?
10. Which lake provides Chicago with 20 miles of lake shore?



2011 PAJAMA BOWL

Jennie Brusco, Karen Davis, their husband's and Karen's son will be bowling in the Pajama Bowl on March 20th at TechCity Bowl in Kirkland. If you would like to donate to their team, you can drop off a check made out to **Pajama Bowl** at the Port Orchard CFSF office. 100% of your donations will benefit CFSF's foster kids and are tax deductible. Please wish them luck! With a name like "In The Gutter Again", I think they'll need it!

May is National Foster Care Month

3/13/11—Daylight Saving Time Begins

3/17/11—St. Patrick's Day

3/20/11—Spring Begins

4/1/11—April Fools Day

4/24/11—Easter

5/8/11—Mothers Day

5/30/11—Memorial Day

**Brain Bender Answers:**

1. He put a hole in the barrel to make it weigh less.
2. Lounger
3. A Watchdog



Happy Easter!

Sunday, 4/24.11

After Hours Pager Information:

When calling the after hours pager number(1-866-281-9644) please listen to the message and call the phone number given on the recording. The on call person will either answer or return your call as soon as possible. Please don't leave a message on the pager itself.

Answers to Trivia Questions on Page 3

- | | |
|----------------------|----------------------|
| 1. Montana | 6. All in the Family |
| 2. DiMaggio | 7. Arkansas |
| 3. Computer Software | 8. Bad |
| 4. In Living Color | 9. Evander Holyfield |
| 5. Dr. Frasier Crane | 10. Michigan |