

Dear Foster Parents:

As we gear up for summer I hope our weather cooperates better than it has this spring. We will pray for sunny Thursdays for "lake days". It is amazing how time seems to speed up as you get older. As I reflect on time, it can be good and it can be sad. God has given us all a time and a season on this earth, no more, no less. For you who choose to be foster parents for a time and a season, my prayer is for you to be richly blessed. To open your doors and care for His children in great need is so inspiring to me. I praise God for each and every one of you. To those foster parents who are in the midst of trials I say: "Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds....." (James 1:2)

To those of you who have helped multitudes of children and are now calling it a career, bless you:

"I have fought the good fight, I have finished the race, I have kept the faith....." (2 Timothy 4:7)

What a blessing it is to serve you all during this time in your life. You are all a blessing to us and a God send to the children you care for. You are greatly appreciated.

In Christ,

Mark Fullington



Annual Garage Sale June 18, 2011 Port Orchard

Our annual CFSF Garage Sale is coming up June 18th, 10 am—4 pm, so start getting some good stuff together to donate. Donations will be accepted on Thursday 6/16/11 and Friday 6/17/11 in the carport stalls nearest to the Action Chiropractic office. No mattresses, computers or computer monitors please. This money all goes to the CFSF foster kids programs, so let's clean out our garages and homes for this very good cause. Please try to have all items marked with prices, but if not, we'll take care of it.

If you have any questions, please contact Celeste Diflaviano at:
360-895-7889 Ext. 104.

June 10, 2011

Washington State Patrol
Clearinghouse for Missing Children
1-800-543-5678

Training Website
<http://www1.dshs.wa.gov/ca/fosterparents/ongoingvid.asp>

www.independence.wa.gov
Info and programs available for youth (13-21) in out-of-home care.

CPR/1st Aid/BBP
www.keepthebeatcpr.org
or call
1-888-704-6074

Adoption Referral & Information Service
www.adoptionreferralservice.com

Free Cakes for Kids

Free Cakes For Kids South Sound is a non-profit, 501-3c organization. They feel that every child deserves a birthday cake and most of us cannot imagine a birthday without one. However, the need is so great, they have made over 1,000 birthday cakes from Vancouver to Bellingham and everywhere in between since they began in September 2008. Their cakes are made for children in need (ie: foster care, homeless shelters, ill with sickness or disease, and who's families are in financial struggles). Each child is nominated by someone like you, who cares.

Check out their website at www.freecakesforkidssouthsound.com. Make sure to look at the Gallery of Cakes, there are over 500 pictures!

Please remember to make copies of all school progress reports for foster children, any Dr. appointments, medical information and med logs. These must be turned in to your case manager every month.

Privatization Update

Although a recent injunction delays the Request For Proposal (RFP) process to identify Lead Agencies for transition to performance based contracting, CFSF will continue to strengthen our infrastructure and position our agency to effectively support foster parents. Over the next few months, planned strategies include: standardizing program activities; reviewing current policies, practices and requirements; and clarifying roles and expectations. We want to be very transparent and include foster parent and staff input and feedback. We will also schedule opportunities for anyone interested in hearing more details or just finding out more information during the summer. As always, the commitment, effort and work foster parents and staff provide for children in our care is ALWAYS appreciated.

Questions: What do I do when I receive a bill, warrant or other official notice about a foster child that has left my care? Notify the originating party that the youth no longer resides in your home and provide contact information for the DCFS/Tribal Social worker. If the matter is not resolved, send a copy of the document to your CFSF Case Manager for help.

Please help Maciana get out of jail!!! Maciana has been charged with being caring, good-natured and influential and is being sentenced to serve time at MDA's (Muscular Dystrophy) appreciation jail site. She needs to raise \$1,600 by 6/16/11 to post bail. Please call 360-895-7889 for more info on how to donate.

CFSF has been given 20 tickets for the Thunderbird Pro Rodeo at the Kitsap Fairgrounds on 6/25/11 at 7:00 pm and 6/26/11 at 1:00 pm. The tickets were donated by the Poulsbo Lions Club to be given to children that would not normally have a chance to see a Pro Rodeo. Please call the Port Orchard office at 360-895-7889 and speak to Michelle to reserve your tickets.

Direct Deposit

If you don't already have direct deposit, it's fast, easy and the funds are in your account and available for use on the 10th of each month. Call Michelle at the Port Orchard office for more info.

If you have questions or a great resource, please send them to Celeste Carey, ca-ce@cfsf.net or 206-794-8316.

Word Search: Find the names associated with CFSF: Kayla, Karen, Kasey, Larry, Maciana, Mark, Michelle, Michael, Nicki, Rod, Sal, Scott and a few case aides.

Y	L	I	T	S	I	R	K	R	A	M
K	A	Y	L	A	D	E	B	O	M	A
A	A	L	L	E	I	N	A	D	Y	C
R	L	S	C	O	T	T	D	N	I	I
E	A	Z	E	J	U	L	I	E	K	A
N	S	A	N	Y	J	E	F	F	C	N
U	M	I	C	H	E	L	L	E	I	A
J	P	L	E	A	H	C	I	M	N	M
Q	L	A	R	R	Y	V	I	N	P	O

Are you trying to find fun things to do with your children this summer? Please check out this website: adoption.about.com/od/.../activities.htm. There is tons of information and links such as summer camps, summer fun ideas, reading lists, focus on culture, crafts, etc. Each link has many ideas and options for your children to try.

Respite care:

Contact your respite coordinator well in advance of your respite date so he/she can have adequate time to find a respite family for you. Two weeks advance notice (longer if it's going to be a week or two respite) is usually a good amount of time to give. To avoid trauma (cont. on back page)

Summer Fun and Safety

Keep your family safe this summer by following these tips from the American Academy of Pediatrics.

Babies under 6 months:

- The two main recommendations from the AAP to prevent sunburn are to avoid sun exposure, and dress infants in lightweight long pants, long-sleeved shirts, and brimmed hats that shade the neck to prevent sunburn. You can apply a minimal amount of sunscreen with at least 15 SPF (sun protection factor) to small areas such as the infant's face and the back of the hands.

For all other children:

- The best line of defense against the sun is covering up. Wear a hat with a three-inch brim or a bill facing forward, sunglasses (ones that block 99-100% of ultraviolet rays) and cotton clothing with a tight weave. Use a sunscreen with an SPF of 15 or greater that protects against UVB and UVA rays. Apply enough sunscreen—about one ounce per sitting for a young adult. During activities, periodic drinking should be enforced, for example, each 20 minutes, 5 oz. of cold tap water or a flavored sports drink for a child weighing 90 lbs, and 9 oz. for an adolescent weighing 130 lbs, even if the child does not feel thirsty.

Free!!! activities

National Park free days this year are June 21, Sept.24, and Nov. 11-13
 Washington State History Museum in Tacoma Free every Third Thurs from 2pm—to 8 pm
 Museum of Flight Seattle free 1st Thurs from 5-9 pm.
 Experience Music Project (EMP) with Science Fiction Museum Seattle free 1st Thurs 5—8
 Tacoma Museum of Glass 3rd Thurs 3-5
 LeMay America's Car Museum Tacoma 3rd Thurs 3—5
 Freemuseumday.org/sea for more free museum info
 All State Parks (including camping) are FREE for foster parents, but you will need to have a foster child with you.
 Bainbridge Island's KidiMu offers FREE MEMBERHIPS to foster parents

Community and Family Services Foundation's

CARS FOR KIDS

Sunday June 26th 2011, 11 am-4pm
 Cascade Park, Moses Lake, WA
 Car And Bike Show Raising Money For The Foster Children in our Community
 Join the fun!!!!!! The public will vote on best In show!

CAR AND BIKE SHOW, MUSIC, SNOW CONE MACHINE, FOOD



Olan Mills Photography Studios has reached out to offer an awesome photo package to ALL WASHINGTON AND OREGON children in Foster Care.....**FOR FREE!!!** This offer doesn't expire and can be used for any foster child. Contact Michelle @ CFSF 360-895-7889 for more info.

Respite continued from page 3

to a child with attachment issues, try to have a visit with the respite family beforehand. During your phone contact, remember to clarify drop off and pick up times, visit or therapy appts. or any other scheduled appointment. Don't forget to pack enough clean clothes for the duration and more diapers are always better than not enough. Let your child pick out a favorite toy, blanket or animal to help them feel comfortable. You can put together a small scrapbook with pictures of the birth family (if avail.) and the foster family, pets, friends, etc. Plan your respite as you would your vacation. A poorly planned respite can cause more stress for everyone involved.

Happy 4th of July!

LAKE DAYS AT MISSION LAKE EVERY THURSDAY RAIN OR SHINE

LAKE DAYS

JULY 7TH—AUGUST 25TH

LAKE DAYS

HAMBURGERS, HOT DOGS, DRINKS PROVIDED, BRING A DISH TO SHARE ALL KIDS WELCOME AND DON'T FORGET THE SUNSCREEN, TOWELS, WATER SHOES, HATS, ETC.