

5th Annual Camp to Belong

The 5th annual Camp To Belong WA will be held August 12th–17th, 2013 at Miracle Ranch, Port Orchard, WA. There is NO charge for this camp. Camper applications are now available. The camp is dedicated to reuniting brothers and sisters from across the state that have been separated due to foster, adoptive or kinship care. Please contact your case manager for more info.

The WIC Program

The nutrition program for Women, Infants and Children (WIC) provides monthly checks for up to \$100 worth of healthy foods when two in your family are enrolled. Each person gets checks for up to \$50 for healthy foods. Go to WIC's guidelines to determine if you qualify or call 1-800-322-2588. The Family Health Hotline will take your information, let you know if you qualify and direct you to a clinic near you. If you receive DSHS medical, TANF, or Basic Food (food stamps) you are automatically eligible for WIC. It's easy to apply. WIC takes care of the paperwork.

WIC is an equal opportunity program for pregnant women, breastfeeding women, babies and children under the age of 5. Learn more by locating your local WIC Clinic closest to where you live or work. WIC can tell you about many other services available in your community, give you nutrition tips and help you find healthy foods and other support for your infant or child.

Personal Inventory Forms mailed out.

We have mailed out our personal belonging inventory sheet and ask that you remember to fill this out as soon as you receive a new placement. Write in every item the child has come into your home with. Check the boxes to indicate how many of each item. When the child leaves your home, please turn the form over and do this inventory again with everything they have when they leave.

Burien Office News

CFSF Foster Family and Staff Picnic—Saturday July 20th, 2013 from 11:30 am—2:30 pm at the Salt Water State Park. A flyer will be sent out at a later date or for more information please contact Karen Lewand at 206-246-5262 or email her at bock@cfsf.net.

CFSF Training—Saturday August 3rd, 2013 from 9:00 am—1:00 pm—**Parenting Plus** at the Burien office.

Lake Days in Bremerton—Thursday August 22nd from noon—5:00 pm—All foster families and all children are invited to lake days at Mark Fullington's house in Bremerton from 7/11/13—8/29/13 (each Thursday). There will be hamburger's, hot dogs, drinks and snacks provided. Please bring a dish to share and swimwear, towels, sunscreen, etc. Karen is trying to coordinate car pooling for the 8/22/13 date. For more information, please contact Karen Lewand at 206-246-5262 or bock@cfsf.net.

CFSF Family Connection



Dear Foster Parents: As we are now in the thick of summer I hope and pray you are all well. We know being a foster parent is a demanding challenge:

- Caring for children
- Dealing with social workers, court, doctors, therapy, etc.
- Staying up on training hours
- Remembering all the WAC requirements

I often marvel at all you do and thank God for your willingness to stand in the gap for children. As the summer weeks continue on, I thought now would be a good time to throw out some things that are often overlooked:

- 1st Aid/CPR cycles in a two year period—it is easy to forget. Also remember your renewed driver's licenses, auto insurance and all vac. records
- If you are licensed for children under two years of age—you need to have TDAP vaccinations. (Tetanus, Diphtheria and Pertussis)
- Only take placements if CFSF is involved
- We need to have accurate phone information. If you change phone numbers or eliminate them, please notify CFSF licensing
- If you have wading pools, please empty them after each use
- If law enforcement is called to your home for any reason, please notify CFSF
- In an incident occurs and you are unsure who you need to contact, please call CFSF for direction
- Always keep an accurate medication log and turn them in to CFSF staff.
- Conduct practice fire drills every 3 months
- Prior to taking a trip out of area with foster children, notify CFSF staff and DCFS social worker. If court action is needed, this takes time.
- With summer and increased activities, please be sure you have a signed permission to participate form from your social worker.

I hope to see you this summer and if you get a chance, please make it to lake days beginning Thursday 7/11/13. Thank you for being there for children and may the Lord Bless you this summer.

Mark Fullington

July 10, 2013

Washington State Patrol
Clearinghouse for
Missing Children
1-800-543-5678

Training Website
<http://www.dshs.wa.gov/ca/fosterparents/training.asp>

www.independence.wa.gov
Info and programs
available for youth (13-21)
in out-of-home care.

CPR/1st Aid/BBP
www.keepthebeatcpr.org
or call
1-888-704-6074

Adoption Referral &
Information Service
www.adoptionreferralservice.com

Summer Movie Camps

Regal Cinemas are again showing movies twice a week for \$1.00 a person. Please check their website for a theater near you. <http://www.regmovies.com>. This program is called Summer Movie Express and will run every Tuesday and Wednesday for nine weeks with a portion of the proceeds going to benefit the Will Rogers Institute.

SeeFilm in Bremerton also has a movie program—\$1.00 per person. Their movies start on 6/26/13 and run every Wednesday at 10:00 a.m. until the end of August. The movies are all rated G or PG and are approximately 90–100 minutes long. Go to SeeFilm Bremerton and click on 2013 Kid's Summerfest for showings.

Port Orchard Training Schedule

Trainings in the Port Orchard office are scheduled for the 1st Thursday of each month. The times are 10:00 am–12:00 pm and 6:00 pm to 8:00 pm. For the scheduled classes below, all trainings will be in the mornings only.

July 11th: AM training only, 10:00 am–12:00 pm, Educational Advocacy by PAVE.

There will be no training in August.

September 5th: AM training only 10:00 am–12:00 pm, Missing in Care/Run Prevention presented by Joanne Stimson.

October 3rd: AM training only 10:00 am–12:00 pm, 2 attorneys from Team Child will talk about Ed. Advocacy.

Nov. 7th: Linnea Luaer of Liberty Bay Counseling will discuss Behavioral Interventions.

CFSF Garage Sale

The Port Orchard office will be holding it's annual garage sale on Saturday July 20, 2013, from 8:30 am–4:00 pm. If you would like to donate, please bring items to the Port Orchard office on or after July 8th. For questions or to find out what will be accepted, please contact Michelle or Celeste at 360-895-7889. All proceeds go to help our children in care.



Lake Days in Bremerton

Lake Days will begin on 7/11/13 this year. Each Thursday, noon to 6 pm, from July 11th through August 29th all foster parents and all children are invited to come for a BBQ. We have swimming in the lake, badminton, volleyball, swings for the little ones and a potluck lunch. We will provide the hamburgers and hot dogs, drinks and afternoon snack.

Word Search: Find the words associated with **Ice Cream**: ALMOND, BANANA, BLUEBERRY, CHERRY, CHOCOLATE, PEACH, STRAWBERRY, VANILLA, ROCKY ROAD, PUMPKIN and PISTACHIO.

Y	Y	R	R	E	H	C	H	E	R	Y
R	Y	N	I	K	P	M	U	P	A	A
R	A	I	S	E	N	Y	E	A	L	N
E	A	L	L	I	N	A	V	N	M	A
B	P	I	S	T	A	C	H	I	O	N
E	B	H	C	A	E	P	V	V	N	A
U	R	O	C	K	Y	R	O	A	D	B
L	S	T	R	A	W	B	E	R	R	Y
B	L	E	T	A	L	O	C	O	H	C

Remember to turn all vaccination records in to your case manager.

Washington resident foster parents and registered relative foster caregivers who camp with the children in their care are entitled to free campsites in Washington state parks. Participants in the program may camp at first-come, first-served parks or make a telephone reservation to camp in a reservation park (call 1-888-CAMPOUT or 1-888-226-7688). Eligible participants making reservations do not pay for camping but are charged the reservation fee to hold sites in the reservation system. To get free camping when making a reservation, tell the operator you are a foster parent. When you arrive at the park to register, show a Washington State Driver's License, along with a Foster Care ID card or your Foster Care License. Walk-in campers need to show these same documents at the park to receive a free campsite. Foster parents and registered relative caregivers also may use State Parks boat launches and pump outs for free when they camp.

Parenting Plus and So You Have Your First Placement

All foster parents must take the Parenting Plus and So You Have Your First Placement trainings. If you were licensed prior to 10/15/11, you need to complete the Parenting Plus class before 10/15/15. This is a 36 hour class and one parent must complete the entire class. If you already have training completed for the licensing period, 12 hours can be held over to the next licensing period. If you were licensed after 10/15/11, you have 2 years to complete Parenting Plus. The "First Placement" class is 3 hours and must be completed within the 1st year of being licensed.

Any foster parent or respite provider that takes children under 2 years old must have everyone in their home vaccinated for TDAP. Once you've gotten everyone's vaccinations, please send copies to your licensor to keep for your records.